

Mid-November 2019 Newsletter

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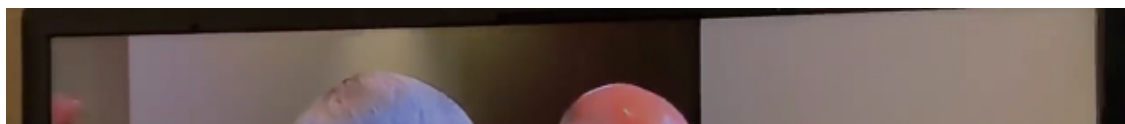
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CCV's Newest Member is Austin's Favorite Weatherman

Jim Spencer helps the Village year after year as Emcee of our Keep Aging Weird annual fundraising lunch. We are proud to call him Capital City Village's newest member. Take a look at this clip from the October 31 4:30pm newscast.





Celeb Salons Presents "The Rise and Fall of Paramount Records"



Join Celeb Salons at an Exciting New Location

Join CCV members, volunteers and friends for a unique gathering up close and personal with the Blackwood brothers Sunday, December 1 from 4-6pm at the historic Neill Cochran House, 2310 San Gabriel St. Our featured guests will be brothers Dean Blackwood (Revenant Records, Dell attorney by day) and Scott Blackwood (PEN USA award-winning local author). They will discuss their collaboration on a Grammy award-winning 2-volume collection of early Paramount Records recordings (1917-1932). You'll also hear rare tracks from the 2-volume set and participate in a Q&A with time for mingling and conversation afterward.



Neill Cochran House

Registration is limited. Registration: \$30. Includes wine, beer, tea, coffee and water. FREE on-site parking; accessible.

How did a Wisconsin chair company, producing records on the cheap and run by men with little knowledge of their audience or the music business, build one of the greatest musical rosters ever assembled under one roof? The answer lies in "The Rise and Fall of Paramount Records 1917-1932," an epic, two-volume omnibus of art, words and music housed in a limited-edition, hand-sculpted cabinet-of-wonder, jointly released by Jack White's Third Man Records and John Fahey's Revenant Records.

Village Events



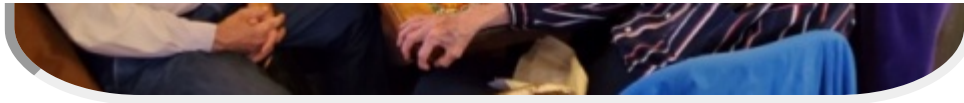


Photo by Michael Perry

Click on any of these events to find out more and RSVP:

- Saturday, Nov 16 - 7:30pm - [Panoramic Voices](#) at NW Hills Methodist (NW). *See article below.*
- Wednesday, Nov 20 - 9:30-11am [Learn More About the Village](#) at a member home (NC). *See article below.*
- Wednesday, Nov 20 - 12-1:30pm [Men's and Women's Lunch](#) at Mimi's Cafe N. Mopac. *See article below.*
- Thursday, Nov 21 - 10am-1pm [Volunteer Orientation](#) at AGE Bldg (Central)
- Thursday, Nov 21 - 11am-12pm [Lunch & Laughter](#) at Panera Bread W. Wm Cannon. *See Interest Group article below.*
- Sunday, Nov 24 - 2-3:30pm [Grief and Loss During the Holidays](#) at The Austin Center for Grief and Loss (NC). *See article below.*
- Tuesday, Nov 26 - 10-11am [Managing Mindfulness](#) at a member home (S)
- Thursday-Friday, Nov 28-29, Office closed for Thanksgiving

Save the Date:

- Sunday, Dec 1 - 4-6pm Celeb Salon - [The Rise and Fall of Paramount Records](#) at Neill Cochran House (Central). *See second feature article.*
- Tuesday, Dec 3 - Giving Tuesday. *See article below.*
- Sunday, Dec 8 - 3-5pm [Holiday Party](#) at Opal Divine's at Aiden Hotel (S). *See article below.*

Learn About the Village



The Community Outreach Committee cordially invites those interested in learning more

about the Village to an [informational coffee](#) on Wednesday, November 20, 9:30-11am in North Central Austin.

The coffee will be held in the Williamsburg/Charleston Place Clubhouse. Williamsburg/Charleston Place is on the south side of Spicewood Springs between Mesa Drive and MoPac. To get there turn in the east entrance to Williamsburg; there is a blue street sign that says "Palace Green" (Palace Green is the southern extension of Greenslope Drive). Go straight and you will see parking in front of the swimming pool; the clubhouse is behind the pool. There are steps to climb to the entrance so let us know if you need directions to the greenbelt entrance which would eliminate the stairs.

If you prefer to use GPS, enter "Williamsburg Charleston Pl Clubhouse, Austin, TX".

Joint Men's and Women's Lunch at Mimi's Cafe!



Wednesday, November 20, Mimi's Cafe, 10515 Mopac

OK, folks, it's back, by popular demand:

On Wednesday, November 20, 2019 CCV will hold a joint [Men's and Women's Lunch](#) meeting at Mimi's Cafe, 10515 N. Mopac, in the Arbor Walk shopping center. Mimi's is located at the very south end of the stores, at the turn-in from the Mopac feeder road (going north!).

We will meet at 12 noon. Lunch will be \$21 per person, which includes coffee/tea/lemonade/soda, tax and tip. We will order from a set menu of soup or salad plus a choice of four main dishes. Everyone will pay at the door on entering, so please bring correct bills with you. No credit cards!

This month we will have an especially interesting presentation by Liby Beck, Jerry Dykstra and Tom McHorse on their visit to two unique bucket list favorites: the Galapagos Islands of Ecuador, and Machu Picchu, jewel of tourism in Peru.

So, we have a wonderful program for you! All you have to do is put the date, November 20th, on your calendars, and don't forget to bring your significant other.

You must let us know if you plan to attend. [Please RSVP here.](#)

Thanks,
Sue and Henry

Interest Group News

Short Takes

ShortTakes needs a new coordinator. This monthly special interest program has met in homes and libraries and focuses on discussions of short videos, such as TED talks, or print articles. If you might be interested in helping this activity continue, please contact the [CCV office](#).

While we are locating a new coordinator, ShortTakes will be taking a break.



Lunch & Laughter - **New Time, New Place!** **Thursday, November 21**

New Location - Panera Bread, 4625 W.
William Cannon, Building #2.
New Time - 11am-12pm
No need to RSVP, just drop in for
tea/coffee or lunch and wonderful
conversation!

From Our Members

Panoramic Voices Concert Today at 7:30pm



Panoramic Voices will be having a concert at Northwest Hills Methodist Church, 7050 Village Center Dr, on Saturday, November 16th at 7:30 pm. The concert will feature Faure's 'Requiem', Part's 'Berliner Messe', and works by George Walker and Kitty Xiao. More information and [tickets are available here](#). CCV member John Berry is singing in the Bass Section of the Chorus.

Grief and Loss During the Holidays



A Joint Program by Capital City Village and The Austin Center for Grief and Loss, 2-3:30 Sunday, November 24 2413 Greenlawn Pkwy

The holiday season can be long and lonely when we are grieving. Church, parties, shopping, family gatherings, all trigger precious memories that remind us of what we have lost. Often we are exhausted and feel guilty about ruining others' holiday spirit because we can not always put on a happy face.

This workshop is intended to help those who are grieving prepare for the coming holidays,

learn coping skills and begin to use memories and special occasions to heal.

- Explore what the holidays will mean to you this year
- Discover how the holidays can help you heal and connect with the loved one you have lost
- Develop a holiday plan that will encourage your family to stay close
- Create strategies for dealing with the stress of the holidays as you grieve.

[RSVP here.](#)

Save the Date!



Holiday Party! **Sunday, December 8, 3-5pm**

Join Village members, volunteers and guests at our annual holiday party at Opal Divine's at the Aiden Hotel, 2200 S IH 35.



Giving Tuesday is December 3!

Changing the world is hard work. Where to begin? Pick an issue and give back

in any way that's meaningful to you. Here are some ideas for how to give back, not just on GivingTuesday (December 3, 2019), but every day!

Give time.
Give your voice.
Give dollars.
Give kindness.
Give talent.
Give inspiration.
Share why you give.

At Capital City Village, we are thankful for all these gifts. You can give time, talent and kindness by [volunteering to help members](#). [Giving dollars](#) supports not only our operations but supplements membership for those who may not have quite enough. And by all means, [spread the word](#).



Our mailing address is:

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