



Capital City Village <bonniegilson@capitalcityvillage.org>

It's the CCV Newsletter!

1 message

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To: Bonnie <bonniegilson@capitalcityvillage.org>

Sun, Jan 1, 2023 at 9:59 AM

Happy New Year!



Happy 2023 to All of You!

At the Village we are filled with hope and dreams for the new year. We remain committed to our mission "to create a community of members, volunteers and services to provide participating seniors the help and information they need to successfully age in place".

Our programs are going strong with a combination of in-person, zoom, and hybrid programs. Knowing that we have some members who prefer each of these approaches, we are looking to enhance their experience regardless of their chosen form of participation.

Our fundraisers continue to be successful and keep us doing what we do. We have each of you to thank for that! We wish you all the very best for 2023.



Capital City Village Office: (512) 524-2709

January 1, 2023



Upcoming Events



Tom, Mollie and Gayle at the 2022 Holiday Party

There are some in-person events this month. "Virtual" indicates that the event is not in-person.

- Monday, Jan 2 – Office closed for New Year's Day Holiday
- Wednesday, Jan 4 at 10 am – [Virtual Volunteer Orientation](#)
- Thursday, Jan 5 at 9:30 am – [Virtual Coffee Hour](#)
- Monday, Jan 9 at 6:45 pm – [Dominoes](#) at a member home
- Thursday, Jan 12 at 9:30 am – [Virtual Coffee Hour](#)
- Sunday, Jan 15 at 11 am – [Third Sunday](#) at Wheatsville S. Lamar
- Wednesday, Jan 18 at 12 pm – [Men's and Women's Lunch](#)
- Thursday, Jan 19 at 9:30 am – [Virtual Coffee Hour](#)
- Friday, Jan 20 at 11 am – [Virtual Book Club](#)
- Wednesday, Jan 25 at 2 pm – [Virtual Poetry Group](#)
- Thursday, Jan 26 at 9:30 am – [Second Cup](#) at Central Market N. Lamar

Dominoes is Back!



Dominoes
Monday, January 9 at 6:45 pm
At a Member Home

The domino game that was so popular before our lives were interrupted is back! The group usually plays Mexican Train Dominoes so no previous skill is needed. This tradition will resume on the 2nd Monday of each month at 6:45 pm at a member home. [RSVP and we'll send you the address.](#)

Men's and Women's Lunch at Casa Chapala



9041 Research Blvd, Suite 100
Wednesday, January 18 at 12 pm

No more of this virtual stuff! Let's start the New Year right and have a great lunch together again!

[Our lunch meeting](#) will be at Casa Chapala. [RSVP so we'll know how many are coming.](#)

Casa Chapala serves interior Mexican food. We will gather in their Pinata Room. [You can view the Lunch Menu here.](#)

Fourth Sunday is Now Third Sunday



Fourth Sunday Group

Third Sunday at Wheatville
January 15, 2023
4001 S. Lamar

The popular South Austin event "Fourth Sunday at Wheatville" will switch to every third Sunday in 2023. This presents fewer holiday and other conflicts for the group, who are having a great time getting together in South Austin.

From our Members



From Donna Bryant G:

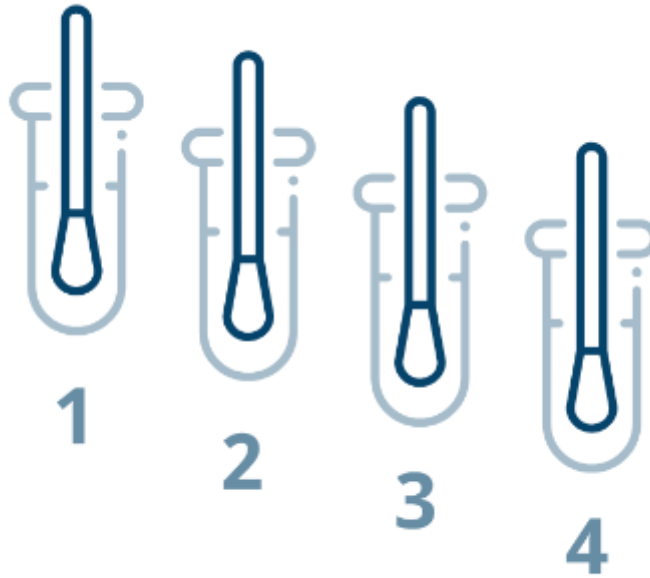
Wow! What a treat it was having Derrick W call immediately after my request and then show up to help me just 10 min later!!!

My potted porch and patio plants love being outside—until they don't! The other day I found a very affordable kit that assembled into a shelving to hold them all off the floor. When it arrived it was in a hundred little pieces requiring long, tedious and complicated assembly. Aha!!!

Derrick set about assembling the pieces into shelving and then assembling the shelving into standing shelf! I expected him to assemble one set of shelving but he opened the second box and assembled it as well!!!

The day was wet and gray. I have a close and dear family member in the hospital with a serious and undiagnosed illness. Having Derrick cheerily tapping pieces together did my heart good.

Free Covid Tests



As COVID-19 cases rise, it's important to stay safe this winter. Each U.S. household can now order 4 COVID-19 at-home tests shipped straight to their door at no cost. All you need to do is visit [COVIDtests.gov](https://www.covidtests.gov) and enter your contact information and mailing address.

[Order Now](#)

During the public health emergency, people with Medicare can also get up to 8 over-the-counter COVID-19 tests each month at no cost. [Find a participating pharmacy](#) near you.

January Birthdays



Happy January birthday to these members and volunteers:

Ayne R
Carol B
Carol K
Carol L
Emy Lou S
Gayle H
Geri G
Karen Y
Scout C
Tina W
Trish R
Victoria S
Vivian M

In the Community



Need a Safe, Reliable Ride?

Shalom Austin Mobility Offers Transportation To and From

offerings at JCC and JFS | visiting loved ones at retirement
and rehabilitation properties | medical appointments

BOOK A RIDE AT: shalomaustin.org/register_shalomaustinmobility

MORE INFORMATION: vinnie.hogan@shalomaustin.org

Available to ages 60+ and people who need mobility support.
At this time, we are not wheelchair accessible.

Need a Ride? Shalom Austin Mobility Is Here To Help!

We are proud to announce that Shalom Austin Mobility is ready to accept new riders and can take you to various programs at the JCC & appointments to JFS, along with many other locations. We are currently providing rides to Individuals 60+ and those who need mobility support. At this time, we are not wheelchair accessible but can accomodate walkers.

Join the

City of Austin Quality of Life Commissions

to share interests and concerns about your quality of life in Austin. We want to hear from you about what the City needs to prioritize to uplift and improve the quality of life for all Austinites.



→ East Austin Townhall

Thursday, December 15th | 12:00 - 1:30PM
Location: Montopolis Recreation Center

→ North Austin Townhall

Saturday, January 14th | 10:00AM
Location: Asian American Resource Center

→ South Austin Townhall

Wednesday, January 11th | 6:30 - 8:00PM
Location: Southeast Branch Library

For more information visit https://bit.ly/qol_townhall



Catered food, supervised children's activities, and language interpretation will be provided (Spanish, Vietnamese, Mandarin, and ASL interpretation). These events will be held in a hybrid format with both in-person and virtual participation via zoom. Please register online to receive the zoom link. Request additional language interpretation by calling 3-1-1 no later than five days before the meeting you wish to attend.



Change is the end result of all true learning.

– Leo Buscaglia –



Visit our [website](#) for so much more information. Please let us know ways we can help you, from opportunities for socialization to getting you to necessary doctor's appointments to making sure you have food, meds and services essential to quality of life.

Call us at 512-524-2709 if you need us!



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