

Capital City Village <bonniegilson@capitalcityvillage.org>

It's the CCV Newsletter!

1 message

Capital City Village <info@capitalcityvillage.org>
Reply-To: Capital City Village <info@capitalcityvillage.org>
To: Bonnie <bonniegilson@capitalcityvillage.org>

Thu, Sep 1, 2022 at 10:00 AM

View this email in your browser

Featured Event



7th Annual Capital City Village Golf Tournament

Join us for a morning of golfing fun with contests and prizes at the beautiful Riverside Golf Course. Play as a team of 4 or individually. Proceeds benefit Capital City Village and Tarrytown United Methodist Church. Check in at 7:30 am with an 8:30 am start.

Registration includes green fees, golf cart, breakfast, lunch, beverages, and snacks as well as Hole in One Contest. Select Shot Scramble format with players of all skill levels welcome. Don't have a partner? We'll match you with one!

<u>Register online here</u>. If you prefer vegetarian lunch (or no lunch), please indicate that choice in the COMMENTS box when you purchase your ticket.



Capital City Village Office: (512) 524-2709 Volunteer Director: (512) 468-5594

September 1, 2022











Click on the button to go straight to your favorite section.

UPCOMING EVENTS HERE



August Poetry Group Beverly, Joe, Pam F, Kate Eileen, Tobin, Claire, Pam S Dorothy, Bill, Joanne, Ellen

There are some in-person events this month. "Virtual" indicates that the event is not in-person.

- Thursday, Sept 1at 9:30 am Virtual Coffee Hour
- Thursday, Sept 1 at 4:30 pm <u>Happy Hour</u> at La Mancha Tex Mex Tavern
- Monday, Sept 5 Office Closed for Labor Day
- Tuesday, Sept 6 at 10 am <u>Virtual "Nia Moving to Heal"</u> (free AARP event advanced registration required)
- Wednesday, Sept 7 at 10 am Virtual Volunteer Orientation
- Thursday, Sept 8 at 9:30 am Virtual Coffee Hour
- Sunday, Sept 11 at 1 pm Baseball Game at Dell Diamond
- Tuesday, Sept 13 at 10 am <u>Virtual "Nia Moving to Heal"</u> (free AARP event advanced registration required)

- Thursday, Sept 15 at 9:30 am Virtual Coffee Hour
- Friday, Sept 16 at 11 am Virtual Book Club
- Wednesday, Sept 21 at 12 pm <u>Men's and Women's Lunch</u> on Falls Prevention Awareness
- Thursday, Sept 22 at 9:30 am <u>Second Cup</u> at Central Market N Lamar
- Saturday, Sept 24 at 7:30 am 7th Annual CCV Golf Tournament at Riverside Golf Course
- Saturday, Sept 24 at 8 pm <u>Grisha Goryachev with ACG</u> at AISD Performing Arts Center
- Sunday, Sept 25 at 11 am Fourth Sunday at Wheatsville S Lamar
- Wednesday, Sept 28 at 2 pm Virtual Poetry Group





Special Benefit for CCV Members and Volunteers
Tickets to the Baseball Game at Dell Diamond
Sunday, September 11 at 1 pm

CCV has 15 FREE TICKETS for Members and Volunteers to attend the ballgame on Patriot Day. The Round Rock Express will host the Sugarland Space Cowboys beginning at 1:05 pm. Tickets are in Section 113, Row 19, Seats 10–24.

If you are a CCV Member or Volunteer, RSVP here and enter in the Comments box how many you would like to reserve.



Rekha Nath

Fall Prevention Awareness
Men's and Women's Lunch
Wednesday, September 21 at Noon
AGE Building - St. David's Conference Room

This is an in-person program to be held at the AGE Building, St. David's Conference Room, 3710 Cedar St. Parking is available on the street only, so carpooling is encouraged. An array of healthy fruits will be generously provided by Keep Safe Care. Please bring a sack lunch to go along with that. There will also be door prizes!

To commemorate Falls Prevention Awareness Week, we are privileged to have Rekha Nath, PT, MHS of Veda Posit Aging address this subject. Falls Prevention Awareness Week, September 18–24, is a national health campaign of the National Council on Aging and is observed on the first day of fall to increase awareness around falls health and injury

prevention. To read more about Rekha and RSVP, click here.



Grisha Goryachev at Austin Classical Guitar AISD Performing Arts Center Saturday, September 24 at 8 pm

Austin Classical Guitar has generously offered CCV a block of tickets to their opening night program featuring <u>Grisha Goryachev</u>, "one of the most astonishing flamenco guitarists in the world". The event is at the AISD Performance Hall, 1500 Barbara Jordan Blvd at Mueller. There is plenty of parking and it is a very comfortable venue.

These are normally \$15 seats and have been donated. As this is a fundraiser for the Village, there is a required \$10 donation per ticket.

<u>Click here to secure your spot(s) at the performance.</u> Purchase deadline is Sunday, September 18. After that the tickets will be emailed to you.

Recording Available



TC Neel: The Life and Times of a Texas Secessionist
- A Conversation with Buck Cole

This program was presented live and on zoom August 21. Because of our error, the zoom link was not available until 15 minutes into the program. We apologize to those who tried to sign on and couldn't. As it turns out, it was a very good program and we'd like to make it available to anyone who would like to see it. You may access the full recording here. (As a side note, all of our past programs can be viewed from that page.) Buck is a retired history teacher and former education outreach

coordinator with the Texas General Land Office Archives, home to millions of historical documents that tell the stories of Texas history.

Member and Volunteer Birthdays



Wish these Members/Volunteers a happy September birthday!

Claire G

Dorian R

Mary O

Ginny F

Darlene P

Ellen W

Carol C

John M

Gail G

Clint W

Vidya R (Volunteer)

Can You Help us do this Again?



Stories about Capital City Village from members, volunteers and supporters like you will help us make an even bigger impact in the Austin community! Since 2019, CCV has received a Top-Rated Nonprofit badge from Great Nonprofits. We need YOUR help to receive our 2022 badge. It's easy and only takes 3 minutes!

Go here to get started!



John King, Volunteer

"Labor was the first price, the original purchase-money that was paid for all things. It was not by gold or by silver, but by labor, that all wealth of the world was originally purchased."

Adam Smith



Visit our <u>website</u> for so much more information. Please let us know ways we can help you during this time, from getting you to necessary doctor's appointments to making sure you have food, meds and services essential to quality of life.

Call us at 512-524-2709 if you need us!







Copyright © 2022 Capital City Village, All rights reserved.

You are receiving this email because you signed up for this mailing list on our the village website

Our mailing address is:

Capital City Village

3710 Cedar St Ste 283 Austin, TX 78705

Add us to your address book

Want to change how you receive these emails?
You can <u>update your preferences</u> or <u>unsubscribe from this list</u>.

