

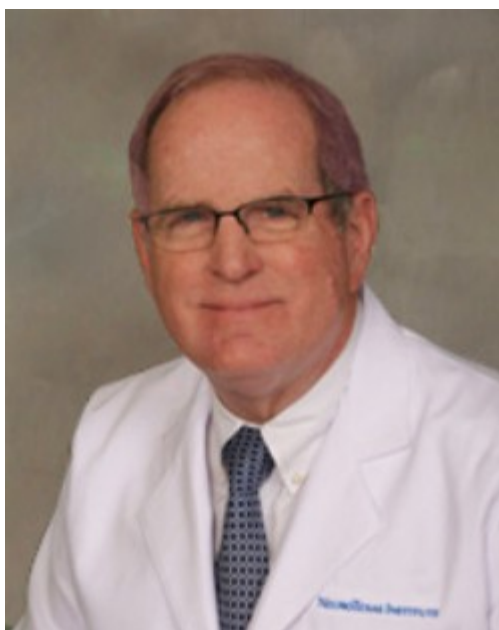
May 2018 Newsletter

[Campaign Preview](#)[HTML Source](#)[Plain-Text Email](#)[Details](#)



We're Not Afraid to Talk About It!

Scroll Down to See ALL April CCV Events and Opportunities.



Is There Something Wrong With Dad? 2-4pm Sunday, May 6 at a Member Home

[RSVP and address will be sent prior to the program](#)

How many of us have wondered that -- or, is there something wrong with me? Dr. Thomas Hill, Neurologist, will speak on the sensitive and cogent topic of dementia. This is one of our popular "Conversations With" programs, always held in member homes, and always filled with good information, good food and drink, and good conversation.

Dr. Hill received his medical degree from the University of Texas at Galveston. He completed an internship in Internal Medicine at John Sealy Hospital in Galveston and residency in Neurology at the Mayo Graduate School of Medicine in Rochester, Minnesota. At Mayo, Dr. Hill pursued additional training in EEG and EMG procedures. He also served as an instructor of Neurology at the Mayo Medical School, as well as a Neurology consultant. Dr. Hill has held a variety of clinical leadership positions including Neurology Section Chief at St. David's Medical Center. Since 1995 he has been the director and instructor at the Brackenridge Hospital Outpatient Neurology Clinic. Prior to moving to Austin, where he has a private practice in Neurology, Dr. Hill was a staff neurologist at Wilford Hall Medical Center (USAF, San Antonio).

Docent-Led Tour of New Downtown Austin Library



Join a group of CCV members and friends for a docent-led tour of the new Downtown Austin Library on **Wed., May 9th @ 11am**. The 198,000-sq-ft building was designed by local architecture firm Lake|Flato with an abundance of natural light and cool spaces, including everything from reading nooks and community meeting rooms to a six-story atrium and rooftop garden. Join us and the highly-knowledgable library docents to learn all about the building and the many amazing features (beyond 500,000+ books!) housed therein. The CCV group will gather for an optional Dutch-treat lunch nearby after the tour!

Advance registration required. We are planning to carpool from the Randall's parking lot at Exposition and Lake Austin Blvd. If you need a ride, please

contact the office and we'll try to arrange one. 512-524-2709
or info@capitalcityvillage.org

[CLICK HERE to register now.](#)



Celeb Salons: Dr. Art Markman of KUT's "Two Guys on Your Head"

Celeb Salons is presented by Capital City Village and [Mort Subite](#) **Sunday, May 20th, 4-6pm**. Dr. Markman is Annabel Irion Worsham Centennial Professor of Psychology and [Marketing](#) at the University of Texas at Austin. He got his Sc.B. in [Cognitive](#) Science from Brown and his Ph.D. in Psychology from the University of Illinois. He has published over 150 scholarly works on topics in higher-level thinking including the effects of [motivation](#) on learning and performance, analogical reasoning, categorization, [decision making](#), and [creativity](#). Art serves as the director of the program in the Human Dimensions of Organizations at the University of Texas. He is also co-host of the radio show and podcast *Two Guys on Your Head* produced by KUT Radio in Austin. Other details to be announced!

[Register soon](#) as registration is limited. Members: \$30; guests: \$60.

Registration includes one drink (craft beer or wine) and light bites; and a tax-deductible donation to Capital City Village. All hosted by the generous folks of [Mort Subite](#), the first authentic Belgian-style pub in the U.S. Registration includes a tax-deductible donation to Capital City Village (nonprofit).

Parking: FREE street parking on Sundays; fully accessible drop-off at back entrance from alley behind the pub. Capital City Village is proud to present this new program series Celeb Salons: exclusive, up close gatherings with some of

Austin's local notables, starting this spring.



[CLICK HERE to register now.](#)



May Events at a Glance

Check out our new and improved [Events](#) listing on our new [website](#)! You can RSVP for any of our events online now.

Just click the name of the event below and you'll go to more information and be able to RSVP.

- Thursday, May 3, 4:30-6:30pm, [Happy Hour](#) at LaMancha Tex-Mex Cantina

- Sunday, May 6, 2-4pm - ["Is There Something Wrong with Dad?"](#) with Dr. Tom Hill at a Member Home. *See feature article.*
- Wed., May 9, 11am-12:30pm - [Docent-Led Tour of Downtown Library](#). *See article below.*
- Thursday, May 10, 9:30-10:30am - [2nd Cup](#) at Russell's Bistro on Kerbey Ln
- Friday, May 11, 7:00-8:00pm - [WEST Studio Tour](#). *See article below.*
- Monday, May 14, 6:45-9:00p - [Dominoes](#) at a Member Home
- Wednesday, May 16, 12-1pm - [Men's Lunch](#) at Andiamo Ristorante.
- Thursday, May 17, 11:30am-12:30pm - [Lunch & Laughter](#) at Wheatsville South
- Friday, May 18, 11:00am-12:30pm - [Book Group](#) at a Member Home. *See article below.*
- Tuesday, May 22, 10:00am-12:00pm - [Managing Mindfulness](#) at a Member Home
- Wednesday, May 23, 11:30am-12:30pm - [Women's Lunch](#) at Adiamo Ristorante
- Thursday, May 24, 9:30-10:30am - [Coffee, Caffeine and Conversation](#) at TBD
- Thurs., May 31, mid-afternoon - CCV Movie Group: RBG, Ruth Bader Ginsberg Documentary, Regal Arbor 8 @ Great Hills

Cancelled Event: ShortTakes will take a sabbatical in May for some reorganization. Watch our website [Events listings](#) for new dates.

[View All CCV Events and Details, and RSVP!](#)

Welcome to our New Partner Austin Subaru!

Austin Subaru has agreed to provide a discount to Capital City Village members, and will make a \$100 contribution to CCV for every new car they sell to one of our members. You will need to pick up a post card from our office before going to see Richard about a new car. Thanks, Austin Subaru!





AUSTIN SUBARU

Exclusive offer

AUSTIN SUBARU IS OFFERING

\$500%

the advertised price on new, in stock vehicles

This offer is exclusive to CCV members. For every purchase, **\$100** will be donated to Capital City Village!

Offer is only valid by presenting postcard on arrival. Visit CCV Main Office to receive yours!

For more information contact:
Richard Barnett
(832) 533-0137
Richard.Barnett@AustinSubaru.com





Book Group Reviews "A Gentleman in Moscow" And [Check Out Their Upcoming Schedule](#)

- [Friday, May 18 - "A Gentleman in Moscow" by Amor Towles.](#)
- [Friday June 15 - "In the Land of Invisible Women" by Qanta Ahmed, M.D.](#)
- No books in July or August.
- Friday, September 21 - "The Newcomers: Finding Refuge, Friendship and Hope in an American Classroom" by Helen Thorpe

The Book Group meets on the third Friday of each month from 11am to 12:30pm at a Member home. Bring a little something for potluck and join the group. RSVP by clicking on the event name.



Do You Think You're Old?

We continuously struggle with what to call ourselves, seniors, older adults, old people? Here's an interesting article from the "Washington Post. https://www.washingtonpost.com/opinions/in-search-of-a-word-that-wont-offend-old-people/2017/12/29/76640346-b808-11e7-a908-a3470754bbb9_story.html?noredirect=on&utm_term=.ee3f435b1ec6

From Our Members



Weavers and Spinners Opening Night on the WEST Studio Tour

I'm looking forward to showing a bunch of you around the Weavers and Spinners Society of Austin's stop on the WEST Studio Tour. Friday, May 11, is Opening Night when I will give CCV members a tour starting at 7:00 pm. We will have demonstrations of weaving, spinning, and dyeing. Members will be selling their wearable art, hand-dyed and spun yarns, ceramics, paintings, and home decor items. Lots of yarn, spinning fiber, used equipment, and supplies in the garage sale. The doors are open from 6:00-9:00 pm so you are welcome to browse before or after the 7:00 tour. If you are unable to make the tour or just want to come again, we are open from 11:00-6:00 the two following weekends (May 12-13 and May 19-20). For more info, [click here](#) or contact me at mickeystam@gmail.com or 512-826-8993.

Mickey Stam



More WEST Studio Tour Highlights

May 12-13 and 19-20

Melanie Lewis

Acrylic, ink, pastel, mixed media

Colorful, dream-like, and enchanting. That's how others have described Melanie's art. Using mainly acrylics and ink, she paints people, landscapes, imaginary places, and Judaica. Both representational and abstract elements may be found in her art. Come by and see it!

[7739 Northcross Dr Ste Q](#)

mellewis64@gmail.com • melanielewisart.com

In the Community



Info Session on New Senior Residences in Central Austin

The Village at the Triangle will be hosting an Information Luncheon on **Wednesday, May 16th at 11:30 am**. It will be held at The University of Texas Club on the 6th floor.

Please RSVP to [512.323.0933](tel:512.323.0933) by May 4th or respond to this email. We hope you will be able to attend!

The University of Texas Club is located at [2108 Robert Dedman Drive Austin, TX 78712](#).

Parking Instructions: Please park in the Manor Parking Garage, which is located on the east side of the stadium, directly across the street from the UT Club main entrance at the intersection of Clyde Littlefield & Robert Dedman Drive. Please bring your parking ticket with you to be validated. Upon entering, turn left and through the Bevo Museum. This will bring you to the elevator lobby, please take the elevator to the 6th floor. The Presidents Room East & West is located at the end of the hall. You will drop your parking ticket in the basket outside of the room for validation and pick one back up on your way out.



Shred Day May 5th

Austin First Financial will host a SHRED DAY at the office at [1502 West Ave.](#) on May 5th, 9am-noon.

What should you consider shredding? Anything with a signature, account number, Social security number, legal or medical information (plus credit card offers).

What can you shred?

Paper, staples, paperclips, binder clips, file folders, folders with soft metal fasteners & tape.

Contact Austin First Financial if you have any questions: 512-638-9499.



Our mailing address is:

3710 Cedar St, Suite 283, Austin, TX 78705

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