

# Latest News



We shared good times, good food, good music and best of all – the good news that Capital City Village is financially and organizationally sound going into this year! Board Chair Mart Hoffman shared CCV's <u>2023 Impact Report</u>.

We also announced our **2023 Volunteer of the Year, Karen Yeager,** pictured top left corner with Stan Brooks! Congratulations Karen! For more photos of the event, go to this <u>google album</u>.



You don't have to wait to give! Early giving is now open for Amplify Austin. We'll be meeting at La Mancha to round out the end of Amplify Austin at our Happy Hour on Thursday, March 7 at 4:30 p.m. <u>RSVP here</u> to join this fun group.

Early Giving is Open! Donate Here!

### Winner of the Read to the End Contest

Congratulations to Jimmie Johnson who correctly answered Danny Britt as the entertainment at the Annual Meeting and Potluck. She will receive "The Caregiver's Key – A Guide to Gathering Essential Information" by Kim and Mike Barnes. Read to the end for this month's contest!

# **Featured Events**



Tarrytown United Methodist Church 2531 Exposition Blvd, Admin Building 2nd Floor Meeting Room Or Zoom Online Sunday, March 3 at 2 p.m. natural events and this should be one of the best. The talk will be a combination of background information about the sun, experiences from the last two major eclipses in the USA, details about the upcoming eclipse, and practical information for those interested in viewing this eclipse. Click here to <u>RSVP!</u>

**RSVP Today!** 



### Dell JCC 7300 Hart Lane Zimmerman Multi-Purpose Room Friday, March 8 at 10 a.m.

On the Friday before the 2024 Oscars, join CCV to take a trip down memory lane with a celebration of Oscar Award Ceremonies of years past. We'll kick off our Oscars celebration with some snacks and movie trivia, then Aging Is Cool will take us through Oscar Winners from 1939 to 2023. Click here to <u>RSVP</u> and join the fun!

**RSVP to Join the Fun!** 



### Third Wednesday BYOL St. Matthew's Episcopal Church Sanctuary Basement Room B-18 Wednesday, March 20 at 12 p.m.

Brookdale Senior Living will be the subject of our March Bring Your Own Lunch with presenter Brittani Johnson, Brookdale Westlake's Sales Manager. Brittani has worked in Independent Living, Assisted Living, Skilled Nursing, Memory Care and Continuing Care Retirement Communities. She's a firm believer that although our bodies may age, our souls have as much vibrancy as the day we were born. Click here for more information on our <u>Senior Living Series</u>.

**RSVP** Now!



### Join Us At The Theatre! Zach Theatre Sunday, September 1 at 2:30 p.m.

Please email <u>info@capitalcityvillage.org</u> if you are interested in joining your CCV friends to see <u>Beautiful: The Carole King Musical</u> at the Zach Theatre on Sunday,

#### Capital City Village Office (512) 524-2709

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## **Events**



You can now print out an easy to read copy of CCV's <u>monthly events</u>. Masks are currently optional at our in-person events. If you are feeling unwell, please stay home. "Virtual" indicates that the event is not in person.

- Sunday, Mar. 3 at 2 p.m. <u>Dr. Kelton on the Upcoming Great Texas Solar</u> <u>Eclipse</u>
- Wednesday, Mar. 6 at 10 a.m. Virtual Volunteer Orientation
- Thursday, Mar. 7 at 9:30 a.m. Virtual Coffee Hour
- Thursday, Mar. 7 at 4:30 p.m. <u>Special Amplify Austin Happy Hour at La</u> <u>Mancha Tex Mex Tavern</u>
- Friday, Mar. 8 at 10 a.m. Oscar Winners: Now and Then
- Thursday, Mar. 14 at 9:30 a.m. Virtual Coffee Hour
- Friday, Mar. 15 at 11 a.m. Virtual Book Club
- Sunday, Mar. 17 at 11 a.m. Third Sunday at Wheatsville South
- Wednesday, Mar. 20 at 12 p.m. Third Wednesday BYOL: Brookdale
- Thursday, Mar. 21 at 9:30 a.m. Virtual Coffee Hour
- Tuesday, Mar. 26 at 2:00 p.m. Examining White Privilege Virtual
- Thursday, Mar. 28 at 9:30 a.m. Second Cup at Central Market Upstairs



### Virtual Coffees 1st, 2nd and 3rd Thursdays at 9:30 a.m.

Join the Villagers for our weekly virtual coffee hour every Thursday at 9:30 am. Bring your own coffee, snacks, and a good story or two.



Third Sunday Wheatsville Coop South Sunday, March 17 at 11 a.m.

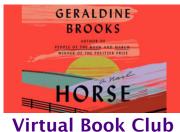
A few South Austin "buddies" get together the 3rd Sunday of the month at Wheatsville Coop South Lamar. This is a pleasant and quiet Sunday morning location with easy parking and a variety of food options. You can

RSS



Special Amplify Austin Happy Hour La Mancha Tex Mex Tavern 2203 Hancock Thursday, March 7 at 4:30 p.m.

Join us at 4:30 pm on the first Thursday of each month at La Mancha Tex Mex Tavern on Hancock across from the Yarborough Library.



Friday, March 15 at 11 a.m.

Join our virtual book club online! Bring your own lunch and join with others to review this month's book, which is "Horse" by Geraldine Brooks.



Examining White Privilege Virtual Meeting Tuesday, March 26 at 2 p.m.

#### Join us for a monthly meeting

exploring White privilege and racism. Some of the things we will talk about are books/articles we have read, upcoming events related to the topic, any relevant experiences we have had, opportunities to be involved, and anything else related.



Second Cup Central Market Upstairs Thursday, March 28 at 9:30 a.m.

Join us for Second Cup, an in-person coffee gathering at Central Market on N. Lamar on the 2nd floor above the Cafe.

# **From the Office**

### Welcome New Members and Volunteers!

#### New Members

Jean and Bob G. (78703)

New Volunteers Sara C. (78726) Lauren B. (78702)

### **Updated Member Directory**

photos and addresses from the <u>CCV website</u> after logging in. This document is accessible to active members only.

# **Member and Volunteer Birthdays**



If you see any of these members or volunteers, wish them a Happy Birthday!

Patricia F Donna G Liby B Shayna B (volunteer) Marie G Margit O Tina F (volunteer) Jane L Susie K Suzann M John P (volunteer) Stan B Jean G

# In the Community

# Calm & Connection



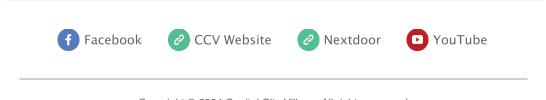
This in-person group considers new ways to understand anxiety and tools to manage it. Group members also lean on each other for support with the day-to-day challenges of their lives. Mondays 11:30 a.m. - 12:30 p.m. at the Dell JCC. Contact Matt for information and to register: <u>matt.smith@shalomaustin.org</u>.

# 🎉 Read to the End Contest 🎉

You've reached the end of the CCV newsletter! As a special bonus for reading this month, email <u>meredith@capitalcityvillage.org</u> with the topic of the fun event we are holding at the Dell JCC in March and one lucky winner will receive a \$25 gift card for Tiff's Treats!

Visit the Capital City Village <u>website</u> for so much more information. Please let us know ways we can help you, from opportunities to socialize, to getting you to necessary doctor's appointments, to making sure you have food, meds and services essential to quality of life.

Call us at 512-524-2709 if you need us!



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