



Meredith Loewen <meredith@capitalcityvillage.org>

It's the CCV Newsletter!

1 message

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Thu, Feb 1, 2024 at 12:44 PM



Featured Events



**Tarrytown United Methodist Church
Fellowship Hall
2601 Exposition Blvd
Monday, February 26
at 12 p.m.**

Join your CCV friends for our Annual Meeting and Potluck Lunch with entertainment by Danny Britt! We will open with lunch (fried chicken and beverages provided), have a short meeting celebrating CCV's successes and announcing the 2023 Volunteer of the Year.

Several community organizations and preferred service providers will be available to give you information and answer your questions. We will also kick off our Amplify Austin effort and explain how you can get involved. At the end of our meeting we will hold a drawing for door prizes! We can't wait to see you there!

RSVP Today!



**Third Wednesday BYOL
St. Matthew's Episcopal Church
Sanctuary Basement Room B-18/19
Wednesday, February 21
at 12 p.m.**

In February, CCV will host Jordan Bleeker of Westminister Manor at our Third Wednesday Bring Your Own Lunch gathering. Jordan is the Director of Sales and Marketing at Westminister. She has worked at Westminister for nearly 10 years and is an expert in their “Life Plan” model of senior living. This is the second presentation in CCV's four part series on senior living. You can find more information on this series and RSVP [here](#).

RSVP Now!

Latest News



A big welcome to the three new members who were recently voted onto the Capital City Village Board of Directors, Sandra Frellsen, Michele Aynesworth and Clark Ross. The board is an all volunteer group of individuals dedicated to helping seniors in Austin "age in place," led by the current Board Chair, Mart Hoffman. Learn more about them and all of the Board Members [here](#). Want to get more involved with CCV? Email info@capitalcityvillage.org to serve on a Committee!



Watch Past CCV Programs

Did you miss seeing Claudia Knowles present her collection of hooked mats? A truly interesting and emotional personal history. What about the Oasis Senior Advisors presentation on senior living options around Austin?

Thankfully, many of our programs are recorded and uploaded to our [YouTube Channel](#) and the [CCV website](#) for you to watch later!

Capital City Village Office
(512) 524-2709

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Events



You can now print out an easy to read copy of CCV's [monthly events](#). Masks are currently optional at our in-person events. If you are feeling unwell, please stay home. "Virtual" indicates that the event is not in person.

- Thursday, Feb. 1 at 9:30 a.m. – [Virtual Coffee Hour](#)
- Thursday, Feb. 1 at 4:30 p.m. – [Happy Hour at La Mancha Tex Mex Tavern](#)
- Wednesday, Feb. 7 at 10 a.m. – [Virtual Volunteer Orientation](#)
- Thursday, Feb. 8 at 9:30 a.m. – [Virtual Coffee Hour](#)
- Thursday, Feb. 15 at 9:30 a.m. – [Virtual Coffee Hour](#)
- Friday, Feb. 16 at 11 a.m. – [Virtual Book Club](#)
- Sunday, Feb. 18 at 11 a.m. – [Third Sunday at Wheatsville South](#)
- Wednesday, Feb. 21 at 12 p.m. – [Third Wednesday BYOL: Westminster Manor](#)
- Thursday, Feb. 22 at 9:30 a.m. – [Second Cup at Central Market Upstairs](#)
- Monday, Feb. 26 at 12:00 p.m. – [Annual Meeting and Potluck Lunch](#)
- Tuesday, Feb. 27 at 2:00 p.m. – [Examining White Privilege - Virtual](#)
- Thursday, Feb. 29 at 9:30 a.m. – [Virtual Coffee Hour](#)



Virtual Coffees 1st, 2nd and 3rd Thursdays at 9:30 a.m.

[Join the Villagers](#) for our weekly virtual coffee hour every Thursday at 9:30 am. Bring your own coffee, snacks, and a good story or two.



Third Sunday Wheatsville Coop South Sunday, February 18 at 11 a.m.

A few South Austin "buddies" get together the 3rd Sunday of the month at Wheatsville Coop South Lamar. This is a pleasant and quiet Sunday morning location with easy parking and a variety of food options. You can [RSVP here](#).



Happy Hour La Mancha Tex Mex Tavern 2203 Hancock Thursday, February 1 at 4:30 p.m.

[Join us](#) at 4:30 pm on the first Thursday of each month at La Mancha Tex Mex Tavern on Hancock across from the Yarborough Library.



Second Cup Central Market Upstairs Thursday, February 22 at 9:30 a.m.

[Join us](#) for Second Cup, an in-person coffee gathering at Central Market on N. Lamar on the 2nd floor above the

Cafe.



Virtual Book Club
Friday, February 16
at 11 a.m.

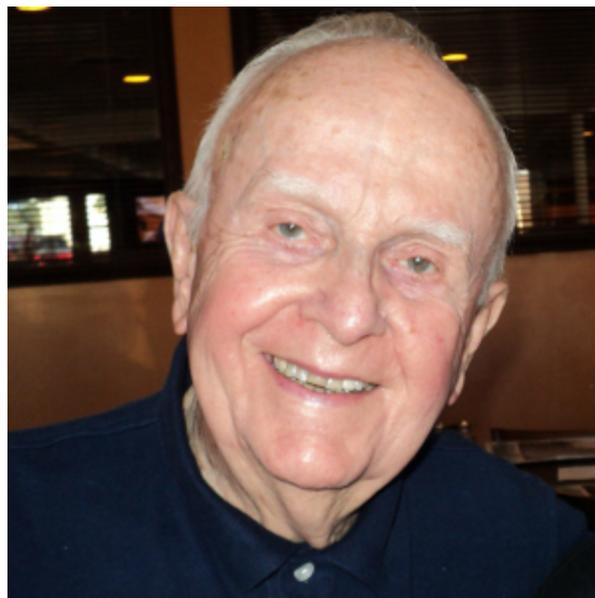
[Join our](#) virtual book club online! Bring your own lunch and join with others to review this month's book, which is "The Heaven and Earth Grocery Store" by James McBride.



Examining White Privilege
Virtual Meeting
Tuesday, February 27
at 2 p.m.

[Join us for a monthly meeting](#) exploring White privilege and racism. Some of the things we will talk about are books/articles we have read, upcoming events related to the topic, any relevant experiences we have had, opportunities to be involved, and anything else related.

In Memory



Ed Farrell

Ed Farrell, Phd., died peacefully on January 13th at Brookdale, Northwest. Ed, and his wife, Jo Ann, were both active and loyal members of CCV. Ed was also an inspirational member of the 9:30 Monday Morning Coffee Group organized by Arnie Orange. He will be sorely missed by the Group. Please keep Ed and his family in your thoughts and prayers.

From the Office

Welcome New Members and Volunteers!

Please welcome new members:

Barbara E. (78705)

Bill K. (78731)

Jane L. (78703)

Judy A. and Martin C. (78735)

Linda G. (78723)

Please welcome new volunteers:

Michelle C. (78745)

Kyle N. (78759)



Read to the End Contest!

January's read to the end contest, was a cartoon contest. The winner was Barbara E.! Read to the end for this month's contest.



Member and Volunteer Birthdays

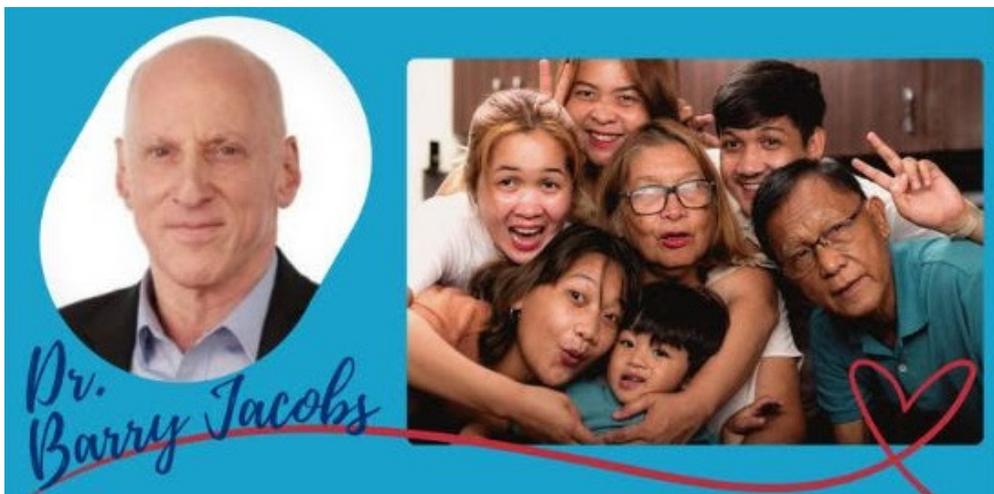


If you see any of these members or volunteers, wish them a Happy Birthday!

Donna H.
 Anne Mc.
 Bruce S. (volunteer)
 Mike P.
 Bill V.S.
 Gary G.
 Marie R.

Lisa B.
 Linda G.
 Linda D.
 Faye G.
 Mary Ann B.
 Robin P.
 Lori F. (volunteer)

In the Community



Free "Tackling Family Caregiving" Training

The Area Agency on Aging of the Capital Area and the Aging Services Council of Central Texas in conjunction with Saint David's Foundation and grant funding provided by Grantmakers in Aging (GIA) will host Dr. Barry Jacobs for FREE virtual presentations held on February 15, 2024, 9:30 am–11:00 am and February 22, 2024, 9:30 am–11:00 am. [Use this link to register.](#)

Free Mobility Camp to Bullock Museum

Join Movability for a FREE Mobility Camp on Sunday, March 3 and ride the 10 route from Mueller to the Bob Bullock Museum to see the Sharks exhibit.

Your transit pass and museum entrance will be covered, but you must be registered and ride to the museum as part of the Mobility Camp group to have admission covered. [Use this link to register.](#) This Mobility Camp is open to all ages, and you don't need any experience using transit to join!

Read to the End Contest

You've reached the end of the CCV newsletter! As a special bonus for reading this month, email meredith@capitalcityvillage.org with the name of the musician playing at the Annual Meeting and one lucky winner will receive a free copy of "The Caregiver's Key – A Guide to Gathering Essential Information" by Kim and Mike Barnes!

Visit the Capital City Village [website](#) for so much more information. Please let us know ways we can help you, from opportunities to socialize, to getting you to necessary doctor's appointments, to making sure you have food, meds and services essential to quality of life.

Call us at 512–524–2709 if you need us!



Facebook



CCV Website



Nextdoor



YouTube

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